Behavioral Health Division Programs

Gary Travis | Housing Policy and Services Lead
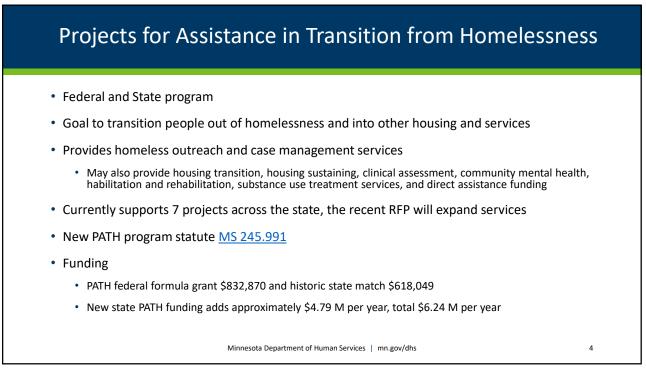
mn DEPARTMENT OF HUMAN SERVICES

1

Behavioral Health Division Grant Services

- Projects for Assistance in Transition from Homelessness (PATH)

- Housing with Supports for Adults with Serious Mental Illness (HSASMI)

- Crisis Housing Assistance Program

- Adult Mental Health Initiatives (AMHI)

- Opioid Response

Minnesota Department of Human Services | mn.gov/dhs   2

2

Behavioral Health Homeless and Housing Programs

- PATH, HSASMI, and Crisis Housing Assistance programs serve people with serious mental illness, or co-occurring serious mental illness and substance use disorder
  - Serious mental illness is defined as a mental illness "that seriously limits a person's capacity to function in primary aspects of daily living such as personal relations, living arrangements, work, and recreation." (Minn. Stat. § 245.462, subd. 20(a))

- Align with the Comprehensive Adult Mental Health Act housing mission statement (MS 245.461):

  Subd. 4. **Housing mission statement.** The commissioner shall ensure that the housing services provided as part of a comprehensive mental health service system:

  (1) allow all persons with mental illness to live in stable, affordable housing, in settings that maximize community integration and opportunities for acceptance;

  (2) allow persons with mental illness to actively participate in the selection of their housing from those living environments available to the general public; and

  (3) provide necessary support regardless of where persons with mental illness choose to live.

Minnesota Department of Human Services | mn.gov/dhs
3

3

Projects for Assistance in Transition from Homelessness

- Federal and State program

- Goal to transition people out of homelessness and into other housing and services

- Provides homeless outreach and case management services
  - May also provide housing transition, housing sustaining, clinical assessment, community mental health, habilitation and rehabilitation, substance use treatment services, and direct assistance funding

- Currently supports 7 projects across the state, the recent RFP will expand services

- New PATH program statute MS 245.991

- Funding
  - PATH federal formula grant $832,870 and historic state match $618,049
  - New state PATH funding adds approximately $4.79 M per year, total $6.24 M per year

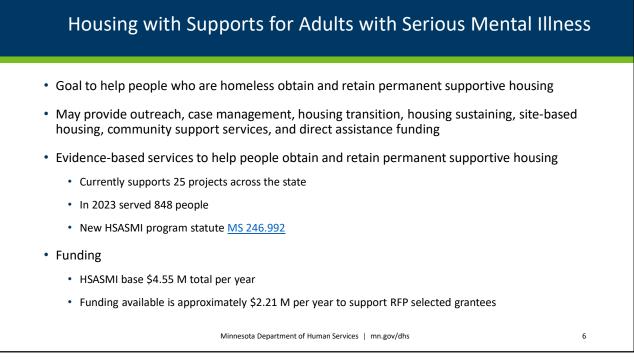Minnesota Department of Human Services | mn.gov/dhs
4

4

PATH Program Outcomes

- Number of individuals to whom the grantee provided homeless outreach services
  - In 2021 outreach contacted 2,291 people

- Number of individuals the grantee enrolled in case management services
  - In 2021 case management served 874 people

- Number of individuals that were able to access mental health and substance use disorder treatment services
  - Community mental health services 365 (41.8%) referred and 291 (33.3%) accessed
  - Substance use treatment services 73 (8.4%) referred and 44 (5%) accessed

- Number of individuals that were able to transition from homelessness to housing
  - Permanent housing 161 (18.4%) referred and 113 (12.9%) accessed

Minnesota Department of Human Services | mn.gov/dhs
5

5

Housing with Supports for Adults with Serious Mental Illness

- Goal to help people who are homeless obtain and retain permanent supportive housing

- May provide outreach, case management, housing transition, housing sustaining, site-based housing, community support services, and direct assistance funding

- Evidence-based services to help people obtain and retain permanent supportive housing
  - Currently supports 25 projects across the state
  - In 2023 served 848 people
  - New HSASMI program statute MS 246.992

- Funding
  - HSASMI base $4.55 M total per year
  - Funding available is approximately $2.21 M per year to support RFP selected grantees

Minnesota Department of Human Services | mn.gov/dhs
6

6

HSASMI Program Outcomes

- Whether the grantee's housing and activities utilized evidence-based practices
  - In 2023 all grantees use the SAMHSA Permanent Supportive Housing EBP
  - A range of other EBPs and promising practices are utilized
- Number of individuals that were able to transition from homelessness to housing
  - Methodology being refined. Transitions every six months range from 3 – 13% of participants
- Number of individuals that were able to retain housing
  - In permanent housing 81.37 %
- Whether the individuals were satisfied with their housing
  - Wanting or planning to move 21.84%
  - Not want or planning to move 68.71%

Minnesota Department of Human Services | mn.gov/dhs   7

7

Crisis Housing Assistance Program

- Goal to prevent homelessness and retain their housing while a person receives inpatient or residential behavioral health treatment (MS 245.99)
  - Includes both mental health and substance use treatment
- Provides short term housing assistance such as rent, mortgage, lot fees, and utilities for up to 90 days for people who are of low to moderate income
- The Arc Minnesota provides statewide access through the website online application portal at Crisis Housing Assistance Program
- Funding
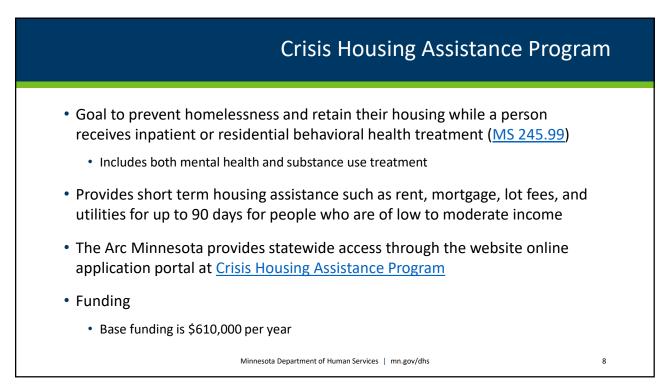 - Base funding is $610,000 per year

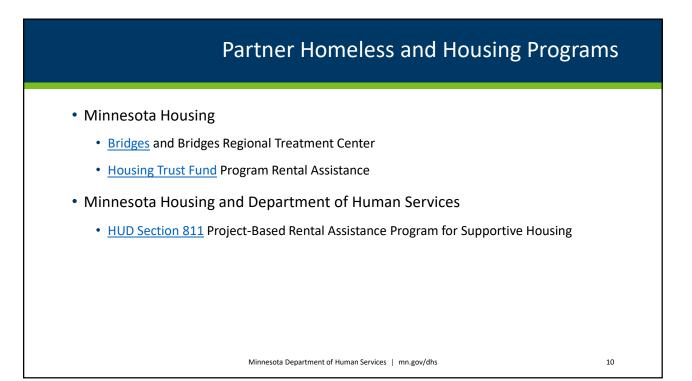Minnesota Department of Human Services | mn.gov/dhs   8

8

Crisis Housing Assistance Program Data

- Utilization
  - 238 applications submitted in 2023
  - 183 applications were funded
  - 39 were withdrawn
- Average monthly income $1,220
- Average household size 1.55
- Demographic
  - Average age 38, youngest 20, oldest 67
  - Gender Female 63%, Male 35%, Transgender/X 2%

9

Partner Homeless and Housing Programs

- Minnesota Housing
  - Bridges and Bridges Regional Treatment Center
  - Housing Trust Fund Program Rental Assistance
- Minnesota Housing and Department of Human Services
  - HUD Section 811 Project-Based Rental Assistance Program for Supportive Housing

10

Adult Mental Health Initiatives

DEPARTMENT OF HUMAN SERVICES

11

Adult Mental Health Initiatives

- In Early 1990s, with the closure of Regional Treatment Centers, counties were encouraged to develop partnerships with neighboring counties to plan for and develop acute care and community-based mental health treatment for adults who had been served by the state hospitals

- In 1996 legislation created regional partnerships to pilot innovative projects, partnerships, planning, and service expansion
  - Funding currently supports 19 AMHIs, including White Earth Nation, single county, and regional county partnerships

- AMHI reform process is currently underway with the following goals
  - Establish a transparent funding formula or method
  - Update statutory language to move the initiatives out of pilot project status (MS 245.4661)
  - Improve outcome measurement

12

Adult Mental Health Initiative MS 245.4661

- AMHI services county, counties acting jointly, and tribal government provide infrastructure for mental health services

- Program design and implementation for designing, planning, improving, and maintaining a mental health service delivery system for adults with serious and persistent mental illness (SPMI)

- AMHI evaluation

- Planning for AMHI shall include, but not be limited to, mental health consumers, families, advocates, local mental health advisory councils, local and state providers, representatives of state and local public employee bargaining units, and the department of human services

Minnesota Department of Human Services | mn.gov/dhs   13

13

Adult Mental Health Initiative Services and Programs

- Programs

  - Mental health crisis services

  - Housing with support for adults with serious mental illness

  - Projects for assistance in transition from homelessness

- Services

community education and prevention	basic living, social skills, and community intervention
client outreach	emergency response services
early identification and intervention	adult outpatient psychotherapy
adult outpatient diagnostic assessment and psychological testing	adult outpatient medication management
peer support services	adult mobile crisis services
community support program services	adult day treatment
adult residential crisis stabilization	partial hospitalization
supported employment	adult residential treatment
assertive community treatment	adult mental health targeted case management
housing subsidies	transportation

14

14

Behavioral Health Division - Opioid Response Services Team

mn DEPARTMENT OF HUMAN SERVICES

15

Overview

The Opioid Response Service team oversees grants from two predominant programs:

1) The Federally-funded State Opioid Response (SOR) program

- **Purpose**: to address the public health crisis caused by escalating opioid misuse, opioid use disorder (OUD), and opioid-related overdose across Minnesota.

- **Objectives:** SOR funds are used to:
  1. increase access to U.S. Food and Drug Administration (FDA)-approved medications for the treatment of opioid use disorder (MOUD);
  2. support the continuum of prevention, harm reduction, treatment, and recovery support services for OUD and other concurrent substance use disorders; and
  3. support the continuum of care for stimulant misuse and use disorders, including those involving cocaine and methamphetamine.

2) The State-funded Opioid Epidemic Response Advisory Council (OERAC) grants and initiatives

- **Mission:** To develop and implement a comprehensive and effective statewide effort to address the opioid addiction and overdose epidemic in Minnesota.

- **Funding priorities**: OERAC funds are used to:
  1. Preventing Opioid Use Disorder
  2. Harm Reduction and Education on Opioid Overdose
  3. Workforce Development
  4. Expansion and Enhancement of Care
  5. Chronic Pain and Alternative Treatments

16

Examples of Projects Funded

Example of organizations that have received OERAC funds

- Change the Outcome
- Southside Harm Reduction
- Minnesota Recovery Connection
- Red Lake
- Stratis Health
- Wayside Recovery Center
- Leech Lake Band of Ojibwe

- Anishinaabe Endaad
- Recovery Alliance Duluth
- Hennepin Health System
- Steve Rummler HOPE Network
- Pillsbury United Communities
- Ramsey County
- Hispanic Advocacy and Community Empowerment through Research.

Example of organizations that have received SOR funds

- St. Joseph Medical Center
- Lakeview Behavioral Health
- Wayside Recovery Center
- Housing Collaborative grants with multiple tribes
- Avivo
- AICDC-DHS Housing
- Aliveness Project-DHS Housing
- 2nd Chance Project-DHS Housing

- Life House-DHS Housing
- MN Indian Primary Residential Treatment Center Inc. (MIPRTC)
- Wilder
- HealthFinders
- Native American Community Clinic
- Lao Assistance Center of MN
- Recovery Community Network
- Doc's Recovery House

- NorthPoint
- KaJoog
- Lutheran Social Services
- Red Door
- Rural Aids Action Network
- Steve Rummler Hope Network

17

17

Resources

- The OERAC Website
- OERAC 2023 Grantees
- Opioid Settlement Spending Dashboard (pending June update)
- Email: BHD_Opioid@state.mn.us
- Minnesota Department of Health
  - Center of Excellence on Public Health and Homelessness
  - Opioid Overdose Prevention

18

18

DEPARTMENT OF HUMAN SERVICES

Thank You!

Gary Travis

Gary.M.Travis@state.mn.us

Housing and homeless questions

bhd.housing.dhs@state.mn.us

19