

Appendix D – Supportive Housing Service Sets

The services below are listed within “service sets,” starting with the basic service set for all households followed by additional service sets to address a specific sub-population or need (e.g., children, people with mental illness). It is a menu of services, not a flow chart or an indication of who provides each service or how the service is provided.

The following tables list the services that should be available in Supportive Housing (SH). Services can be provided by the primary service provider or through a connection to community resources. Refer to Chapter 6 for more information about service models and best practices.

Basic Service Set The set of services that is recommended to be available for all households in Supportive Housing.
Connection <ul style="list-style-type: none">• Access• In-reach• Outreach• Engagement
Case management <ul style="list-style-type: none">• Assessment, plan development, connection, coordination, monitoring and personal advocacy
Family Specific Services <ul style="list-style-type: none">• Family reunification services• Parenting• 2 Gen approach to serve the whole family
Housing Supports <ul style="list-style-type: none">• Finding housing• Applying for housing and advocating with landlord to take someone who may be screened out of housing• Rental subsidies• Securing household supplies and furniture and other necessities• New tenant orientation and move-in assistance• Tenancy supports

MINNESOTA HOUSING – supportive housing information and resources

Basic Service Set The set of services that is recommended to be available for all households in Supportive Housing.
<ul style="list-style-type: none">• Support for children and youth• Eviction prevention• Front desk services
Independent Living Skills
Transportation
Education/Employment <ul style="list-style-type: none">• School connections• Access to social support• Truancy intervention• Access to academic support• Opportunities and access to GED, two year or four-year degree programs• Supported employment• Childcare resources
Safety <ul style="list-style-type: none">• Domestic abuse services• Crisis planning and intervention• Child protection assessment and appropriate follow-through• Legal advocacy
Harm Reduction Strategies
Financial Management <ul style="list-style-type: none">• Budgeting• Benefit assistance• Financial education services• Legal advocacy
Self-determination/Life Satisfaction <ul style="list-style-type: none">• Recreation

MINNESOTA HOUSING – supportive housing information and resources

Basic Service Set The set of services that is recommended to be available for all households in Supportive Housing.
<ul style="list-style-type: none">• Social support• Community involvement/integration• Parenting• Support groups
Health <ul style="list-style-type: none">• Benefit assistance• Health related services<ul style="list-style-type: none">○ Medication set up○ Healthcare coordination○ HIV/AIDS/STD education and support○ Immunization and prevention• End of life planning
Veterans Benefits and Services

Service Set for Children Additional recommended services if a program serves children.
<ul style="list-style-type: none">• Case management• Advocacy• Academic programs• Computer labs• Recreational programming• Mental health• Chemical health• Mentoring• Employment training• Post-secondary

Service Set for Children
Additional recommended services if a program serves children.
<ul style="list-style-type: none">• Physical health• Transportation
Assessment and Planning Services
<ul style="list-style-type: none">• Developmental assessment and plan• School readiness plan• Educational services including Individual Education Plan (IEP)• Post-secondary plan
Mental Health Service Set
Services in addition to Basic Service Set recommended for people with mental health issues; some of these services are considered evidence-based practice.
Crisis Planning and Intervention
<ul style="list-style-type: none">• Adult crisis services• Children’s Mental Health Crisis Response Team• Adult protective services• Vulnerable adult assessment• Diagnostic assessment• Employment/vocational services for persons with mental illness<ul style="list-style-type: none">○ Supported employment• Individual Education Plan (IEP)• Individual Community Support Plan• Individual Service Plans (ISP)
Community Based Mental Health Services
<ul style="list-style-type: none">• Mental health medication management• Neuropsychological services• Psychotherapy

MINNESOTA HOUSING – supportive housing information and resources

Mental Health Service Set Services in addition to Basic Service Set recommended for people with mental health issues; some of these services are considered evidence-based practice.
<ul style="list-style-type: none">• Psychological testing• Mental Health Targeted Case Management (TCM)• Community Support Program/psycho-social rehab/drop-in
Rehabilitative Mental Health Services <ul style="list-style-type: none">• Assertive Community Treatment (ACT)• Adult Rehabilitative Mental Health Services (ARMHS)• Partial Hospitalization Program (PHP)• Children’s Therapeutic Services and Supports (CTSS)• Day treatment (adult, adolescent, children)
Physician Mental Health Services <ul style="list-style-type: none">• Health and behavior assessment/intervention• Inpatient visits• Psychiatric consultation to primary care providers• Physician consultation, evaluation and management
Treatments <ul style="list-style-type: none">• Harm reduction strategies• Family psycho-education• Trauma recovery and empowerment model• Illness management and recovery• Medications
Brain Injury (BI) Service Set Services in addition to the basic service set recommended for people with traumatic brain injury.
Employment/Vocational Services for Persons with Brain Injury <ul style="list-style-type: none">• Supported employment

Brain Injury (BI) Service Set

Services in addition to the basic service set recommended for people with traumatic brain injury.

- Individual Education Plan (IEP)
- Medical Assistance (MA) home and community based waivers (e.g. BI, CADI, CAC, DD and EW)
- BI specific services
 - Neurologist and neuropsychological evaluation
 - Medication management
 - Psychologist/psychiatrist familiar with brain injury
 - Cognitive rehabilitation
 - Independent living skills instruction for Traumatic Brain Injury (TBI)
 - Specialized chemical dependency treatment for persons with cognitive impairments
 - Behavioral programming
 - Advocacy for benefits, rights, individual needs
 - Brain injury support group

Substance Use Disorder Service Set

Services in addition to the basic service set recommended for people with substance use disorders.

- Consolidated Chemical Dependency Treatment Fund, providing treatment and extended rehabilitation. Can include the following services:
 - Recovery readiness services
 - Relapse prevention and recovery planning
 - Individual and group counseling for substance abuse
 - Methadone maintenance
 - Harm reduction strategies
 - Detoxification service
 - Inpatient rehabilitation
 - Self-help groups such as AA or NA
 - Sober recreational activities

Physical Disability Service Set

Services in addition to the basic service set recommended for people with physical disabilities.

- Accessible housing, transportation and services
- Employment/vocational services specific for people with physical disabilities
 - Supported employment
- Individual Education Plans (IEP)
- Medical Assistance Home and Community Based Services (HCBS) waivers (e.g. CADI, CAC, BI, EW)

Co-occurring Disorders (Mental Illness/Substance Use Disorder) Service Set

Services in addition to the basic service set recommended for people with co-occurring disorders.

- Harm reduction strategies: Incorporating strategies from both the mental illness and substance use disorder fields
- Assertive Community Treatment (ACT)
- Integrated Dual Disorder Treatment (IDDT)
- Medications
- Modified therapeutic communities